



Our Volunteer Support

Home-Start's volunteers work alongside families to give compassionate and confidential support, tailored to each family.

Our volunteers are trained and given expert support from the local Home-Start in their community.

To find out more about volunteering for Home-Start visit www.homestartdover.org.uk

We help families from all backgrounds through their most challenging times. In order to attend our groups please ask to be referred by your Health Visitor, Early Help Worker or another Professional working with you.

To find out more about Home-Start visit www.homestartdover.org.uk or 01304 242314



Charity no. 1102201

The Ark, Noah's Ark Road, Tower Hamlets, DOVER, CT17 0DD



Home-Start Dover District Family Groups

The earliest years make the biggest impact: Home-Start make sure those years count so that no child's future is limited.





Working alongside families

Being a parent has never been easy. It can be lonely, frustrating, heartbreaking and overwhelming.

Life-changing events can happen to anyone. All parents struggle at one time or another. That is why Home-Start Dover District is ready to support families through their family groups. If you are feeling lonely or isolated or/and have a child who is neuro diverse or has ADHD or ASC (Autistic Spectrum Condition), emotional and well being issues, speech and language delay, global delay, or another disability you will be able to attend our groups.

We provide a safe, nurturing environment for your children to play and socialise. Children will grow in confidence and self esteem and have the opportunity to develop their language and communications skills.

The groups run twice a week from 9.30 to 11.30. We meet at St. Georges Hall in Deal Town Centre on a Thursday and at The Ark, Tower Hamlets, in Dover on a Friday.

We work with families to build on their strengths and give them the support they tell us they need.

What other services do we offer?

We work with families in a range of ways, and use the approach they think will give them the best support. This includes:

- Home-visiting support
- Family groups
- Running trips and outings

All our services are based around the principal that we are non judgemental, just compassionate, and offer confidential, practical help and support.

"Home-Start were the only people there for me and my daughter on a regular weekly basis. I went to the family group and they taught me how to manage my daughter's behaviour as sometimes the way I did it never worked." — Louise



Contact us today to find out more about how Home-Start works with families

www.homestartdover.org.uk
01304 242314